



## **Improv Your Business** **Improv Your Corporate Training...Bovine Style**

We have many standard workshops that develop critical skills; skills that improv can teach better than any PowerPoint presentation can.

All workshops are adapted to meet the needs of your organization. After all, we understand improvisation...and you understand what your group needs. We start with improv and your focus, then we develop a workshop to reinforce your objectives.

Workshops include, but are not limited to:

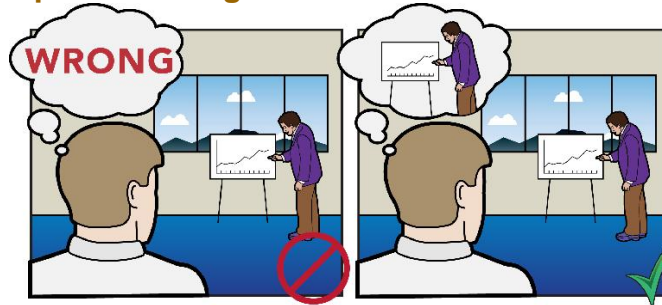
- Adapting Quickly
- Open Listening
- Team Building
- Presentation Skills
- Thriving in a Changing Environment
- Bringing Your Authentic Self to Work
- Trusting Yourself and Others
- Thinking Outside The Box
- Inventing a Positive Work Environment



Our improv training sessions are fun, effective, results driven, and proven. Go with professional trainers who do improv for a living. Eric Farone, owner and artistic director, has been conducting improv workshops locally and nationally for the past 10 years.

## A closer look at some of The Bovine's Corporate Workshops:

### Open Listening



Everyone knows listening is important, but the only true way to know what someone is saying is to be an open listener.

We need to listen without waiting for our to speak and without an agenda to truly understand each other. We all understand this, but through this workshop we practice interactive exercises that enable you to own it! Your employees will learn how to clear their heads to become effective open listeners and therefore more successful employees.

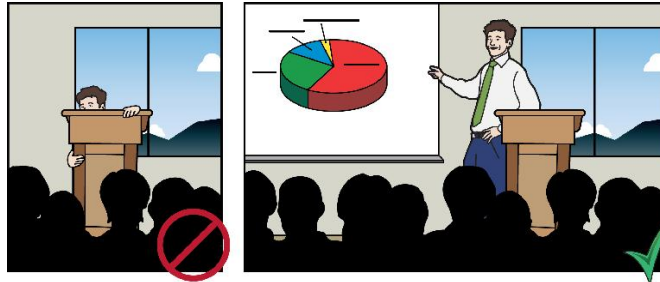
### Team Building



The team building workshop is results driven and effective. Through interactive improv exercises and talk back sessions your group will not

only learn how to work more as a group, they will get to know each other and themselves in a new and unique way. We relate everything back to the office and through laughter and lots of fun we are able to tie the exercise back into real life situations.

## Presentation Skills



Much of what you say is said before you open your mouth. Just integrating body language into your presentation will

take it up a notch. The improv exercises used in this workshop allow your employees to explore more than just what come out of their mouths to become more effective presenters. Through fun, interactive exercises they will learn how to trust themselves, think on their feet, and be someone everyone wants to listen to present.

## Bringing Your Authentic Self to Work



Having dispassionate employees is one of the costliest mistakes a business can make. Creating an environment that encourages

your employees to bring themselves fully to the job, not only makes for a more positive work environment, it will also increase productivity, sick days will decrease, and retention will increase.

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If you have any questions or would like to receive a proposal for any of our corporate training workshops please contact me, Linnea Brutlag.

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Thank you,

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